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KIDS FIRE SAFETY

STOP, DROP AND ROLL

The "Stop, Drop and Roll" procedure is used when clothing catches fire. Immediate action will extinguish the flames and lessen burn injury. The proper way to perform this lifesaving technique is to stop where you are and drop to the ground. Lying flat on the ground, cover your face and mouth with your hands. (This will help prevent flames from burning your face and smoke from entering your lungs.) Roll over and over until the flames are extinguished. The simple steps to take are summarized as:

1. **Stop** where you are.
2. **Drop** to the ground and cover your eyes and mouth with your hands.
3. **Roll** over and over until the flames are extinguished.



If your clothes catch fire, it is important to act immediately.



Stop where you are.



Drop to the ground and cover eyes and mouth with hands.



Roll over and over until the flames are extinguished.



If someone else's clothing catches fire, get the person to the ground and have him or her roll to smother the flames.



If a person is unable to drop to the ground, a towel or blanket may be used to smother the flames.



If there is a fire, but no one's clothes are on fire, Stop, Drop and Roll is not the right thing to do...remember:

- Fire or smoke ahead – go out a second way
- Smoke in the room – crawl low under smoke
- Clothes on fire – Stop, Drop and Roll



It is important to stay away from matches, lighters, fireplaces, heaters, grills or gasoline. These are all ignition sources and could cause your clothes to catch fire.

CRAWL LOW UNDER SMOKE

Smoke contains poisonous gases that can cause disorientation and serious breathing problems, damage eyes, and lead to death in a matter of minutes. It is also very difficult to see through smoke.

If you must escape through smoke, crawl on your hands and knees under the smoke. The air you breathe will be cooler and cleaner, and you will also be able to see better. Do not crawl on your belly, because some heavier poisonous gases will settle in a thin layer on the floor.



Smoke is very dangerous to breathe. It is hot and also very dark.



Hot smoke rises toward the ceiling, leaving cooler, cleaner air close to the floor.



If you must escape through smoke, crawl on your hands and knees under the smoke. The Air will be cooler and cleaner, and you will be able to see better. Go quickly to your exit.



If you can't crawl low, get as low as possible under the smoke and go quickly to your exit.



If you can move away from smoke, you don't have to crawl under it. An example would be smoke from an outdoor grill – just move away from the smoke. Or in a fire, go out a second way if possible instead of crossing a room with smoke.

MATCH AND LIGHTER SAFETY

Every year several hundred children die in fires that they or other children started. Most of the children who start fires are simply playing with matches or lighters out of curiosity.

Small children should be taught that matches and lighters are tools, not toys. If a child finds matches or lighters out in the open, he or she should tell a grown-up.



Matches and lighters are tools for grown-ups only.



They are important tools for grown-ups to do important jobs such as lighting birthday candles, a grill or fireplace.



They should be kept up high out of the reach of children, preferably in a locked cabinet.



If a child finds matches or a lighter out in the open, he or she should tell a grown-up.